

I AM Iowa Matrix Tournament
March 23rd and 24th

Club Directors, Coaches, and Families:

We are very excited to host you for our I AM tournament at GreenState Arena! This year's theme is I AM PureLight Power "Be the Light". Our theme aligns with the larger goal of building multidimensional resilience and mental health awareness, especially in our developing youth. You will see this theme and purpose represented throughout the tournament in various ways. Thank you to PureLight Power Solar company for sponsoring.

Doors will open at 7:00am and play will start at 8:00am. Coaches, please check in at the results table prior to your first match. There will not be an all-coach's meeting. An up-to-date USAV team roster must be turned in prior to the start of the tournament. Only rosters from Sports Engine will be accepted. Rosters should be turned into Angie Hoover, Tournament Coordinator, at the results table at courts main entrance or can be emailed ahead to angiehoover2013@gmail.com

Below is some general information we hope you will find helpful to make for a great tournament.

- A parking map is attached. Please note that the only entrance that can be used for our tournament is starred in yellow on this map and is the main entrance for the GreenState Family Fieldhouse. There is a drop off lane and turnaround in the TrueNorth Plaza lot that must not be parked in for longer than loading and unloading.
- The admission fee is \$8 for adults, \$5 for children (under 10 yrs) and senior citizens. No charge for rostered adults and players. We are not able to take credit or debit, cash only, please.
- Aramark hosts all concessions for GreenState and does NOT allow outside food or coolers. Please be respectful to the facility and their vendors.
- The team camp location will be on the northeast side of the courts. We will have signage directing players to that area. Teams are responsible for cleaning up their team camp area before they leave the facility. We appreciate everyone's respect for the facility.
- There is bleacher seating available for all 5 courts. No outside chairs are allowed on the gym floor.
- Medically trained volunteers will be on site, but all teams should provide their own first aid kits.
- There will be a fundraiser table with a 50/50 raffle, t- shirts, and other fun merchandise. We will also be selling "Shout Outs" for \$10 each. If you have a player or coach or special person you want to send birthday wishes to them, a thank you, or an encouraging "Shout Out" over the loudspeaker let us know! We will have a form available at the fundraising table. All proceeds are donations to youth mental health programming.
- We will have a larger poster in the team camp room with markers. PLEASE sign these and have your players do it too! 1) Signature, team/number, and an I AM statement. We want to fill the wall with all participants and a Collective I AM poster for this tournament as a thank you to everyone who supported the event! Seeing everyone connected in this way is a very powerful statement and affirmation of developing athletes in sport!
- There are two step and repeat banners with the I AM theme. Please use these to take any individual and team photos you would like!

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Tournament Guidelines:

- Warm up for each team's first pool match is 10 minutes (2-4-4). After each team has played its first match warm-up will be a 3-3 format. No ball handling is permitted by teams not on the court, no cap. No shared hitting.
- Teams are responsible for providing their own warm up balls.
- Pool play will be two sets to 25 starting at 4-4. Must win by 2. Junior players may be the R1 but a rostered adult must be next to the R1, R2 or at the table actively helping players. Teams will NOT switch sides.
- Play-off matches will be 2 out of 3 to 25 starting at 4-4 with no cap, must win by 2. Game 3 will be played to 15, must win by 2 starting 4-4, no cap. Teams will NOT switch sides. Teams must have an adult as the R1 for all play-off matches.
- Bracket play will start 15 minutes after the last pool match has finished.
- Warm up for play-off matches is 3-3. No shared hitting.
- Medals will be awarded to the first-place team of the championship bracket for each age group. We would like to get team photos of division winners in front of the I AM step and repeat.

WELCOME to the I AM Purelight Power: BE the Light 2024! Let us know if you have any questions!

Be AWARE of self in your play and your interactions, through sportsmanship.

Actualize your potential!

Have FUN!