

# Iowa Rockets Jr HS 4s League

August 7th, 2021

**REMEMBER on Sunday, Aug 7th at 5:00 pm we have Rules/Instruction/Practice for an hour at Scanlon gym.**

**August 7th** h Schedule. Schedule for Mon and Wed will come out the night before.

Team	Pool A (door court)	W	L	Pool B (middle court)	W	L	Pool C (far court)	W	L
1	KLAK (Kaitlin, Annie)			BAMA 4 (Kenna/Amanda)			Kiss My Ace (Leslie A)		
2	4 GALS (Melissa H)			Pink Fluffy Pigs (Leslie A)			Diamond Diggers (Crystal S)		
3	BEEK (Kylee, Elise J)			Attack Pack (Amy Davis)			That's What She Sets (Ferin & Hay)		
4	CoMETs (Angie G)			Peacocks (Thompson)			The Aces (Nielsen)		

Time	Teams
6:00	1 vs 3 (ref 2)
6:25	2 vs 4 (ref 1)
6:50	1 vs 4 (ref 3)
7:15	2 vs 3 (ref 1)
7:40	3 vs 4 (ref 2)
8:05	1 vs 2 (ref 4)

## League Rules

1 set to 25 pts; win by 2 points

5 min warmup: 2 min each team full court. 1 minute shared serving.

Ref crew provides 2 line judges and 1 score flipper.

Substitution: New sub rotates at serving spot (after server is done) for each of the players.

Player may encroach on adjacent court only 1 step. (other foot must remain outside adjacent court)

Team Captain may call 1 time out per set. (Time out is 30 sec)

Adult/coach is not allowed on the bench.

Tips, sets, dumps, directed blocks (with finger action) must land behind the 10' line.

Front row player is allowed to block (and ball can land in front of 10' line).

All game balls and warm-up balls will be provided.

Scanlon Gym address: 2701 Bradford Street, Iowa Street Iowa City