

**TOURNAMENT NAME:** 2017 Iowa Regional Tournament (18R, 18-1, 17R, 17-1, & 17 Black)

**TOURNAMENT DATES:** March 18-19<sup>th</sup> (Saturday-Sunday)

**HOTEL DETAILS: Sheraton West Des Moines**

1800 50<sup>th</sup> Street  
West Des Moines, IA 50266  
515-223-1800

<http://www.starwoodhotels.com/sheraton/property/overview/index.html?propertyID=1557>

**DIRECTIONS TO MAKE A RESERVATION:** You can book your rooms via online or calling the hotel directly. If you call, please reference the Iowa Rockets Volleyball Club.

<https://www.starwoodmeeting.com/Book/iowarocketsvolleyballmarch>

Click "Book A Room". Select your Check-In & Checkout Dates & click "Search".

Scroll down & select "Reserve".

After you type in your personal information, click "Review Your Reservation".

Verify the information is correct & select "Complete Your Reservation".

**HOTEL RATE:** \$ 119/night plus taxes for a room w/2 Double beds.

**CUTOFF DATES:** Rooms MUST be booked by **Friday, January 24<sup>th</sup>, 2017!**

Deadline to make any **reservation changes is January 5<sup>th</sup>.**

**NOTES:** The hotel offers a discounted hot breakfast buffet in the mornings. The hotel is located about 6 miles from the gym.

If you run into any problems making the reservation, just contact Chin at 319-621-9452 or via email at chinman71@yahoo.com.

**PLAYING VENUE:**

Ohana Sports Complex  
1400 SE Gateway Drive, Suite 111  
Grimes, IA 50111

Ignit Sports & Fitness  
3801 South James Street, Suite 100  
Grimes, IA 50111