

FACILITY: MVP Sports will open 45 minutes before the first match. The facility address is 4600 Park Avenue in Des Moines. Zip is 50321.

PARKING: Please do not block drive lanes. The fire marshal do periodic drive-bys and will ticket or tow vehicles if they block emergency vehicles from entering the parking lot. There is additional parking in the back of the building, on the gravel road on the east side of the property or across the street at the Isaac Walton League parking lot.

ADMISSION: We will be charging \$5 for adults and \$2 for children 9-and-under as well as grandparents.

SEATING: There are chairs in the facility but some people still opt to bring their own folding canvas chairs. They are more comfortable.

FOOD OR COOLERS: No outside food, drinks or coolers will be allowed into the facility. Please ensure everyone is aware of this rule. There is a concession stand in the facility. Breakfast pizza, breakfast sandwiches, fruits, juices and coffee are available in the morning. Pizza, walking tacos, nachos, pretzels, hot dogs, chips, granola bars, popcorn, smoothies, DQ blizzards, and drinks are available all day.

COACHES: There will be no coaches' meeting. Please turn in a current roster to the site director (SD). The SD will show you the court you're on.

ADULT AT SK TABLE: The Iowa Region requires an adult to help at the scorekeeper's table on 12/13/14u teams. They need a USAV membership thus do not have to pay admission. Please have that person print out a copy of the team roster and show it at the gate.

WARM-UPS: Each team's first warm-up will be 10 minutes - 2 minutes shared ball handling, 4 minutes for serving team, 4 minutes for receiving team. After every team has played, warm-ups will be six minutes - 3 minutes for serving team, 3 minutes for receiving team. Please have your team shag balls for the team hitting. Refing team, as a courtesy, please let the coach know when there is 1 minute left in their warm-up in case they want to serve.

OFFICIATING: A coach has to be the R1 or R2 during pool play. A coach has to be the R1 during bracket play. No excuses please. Learn the rules so you don't have to put one of your players up on the stand. It's not fair to the teams who work hard to officiate your matches.

IF YOU ARE THE OFFICIATING TEAM FOR THE NEXT MATCH, BE PROMPT IN STARTING WARM-UPS AND CAPTAIN'S COIN TOSS FOR THE NEXT MATCH! All teams are expected to play ahead of schedule. We don't want to be in gym any later than we have to be.

MEDALS: Are given to the first-place team of the Championship bracket only and to the top team if I'm doing a round-robin format.

CAP: There is never a cap in any of the sets played and you have to win by two points for everything.

BALLS: You will need to provide warm-up balls.

QUESTIONS: Call or text Emilio Mendoza at 515-770-5399. You can also email me at emiliosportsu@gmail.com.