

IOWA ROCKETS VOLLEYBALL CLUB

**TOURNAMENT NAME: 2026 IOWA REGIONALS – Weekend I
(17R)**

TOURNAMENT DATES: March 14-15th (Saturday-Sunday)

HOTEL DETAILS: Hampton Inn & Suites Urbandale
8661 Plum Drive
Urbandale, IA 50322
515-252-7000

<https://www.hilton.com/en/hotels/dsmubhx-hampton-suites-des-moines-urbandale/>

DIRECTIONS TO MAKE A RESERVATION: Please copy/paste this link into your internet browser to book your rooms:

<https://www.hilton.com/en/book/reservation/rooms/?ctyhocn=DSMUBHX&arrivalDate=2026-03-13&departureDate=2026-03-15&groupCode=CHHLLL&room1NumAdults=1&cid=OM%2CWW%2CHILTONLINK%2CEN%2CDirectLink>

HOTEL RATE: \$ 129/night plus taxes (12%) for a room w/2 Queen beds or King w/sofa sleeper.

CUTOFF DATES: Please book your rooms by **Monday, February 9th, 2026.**

NOTES: The hotel does offer free breakfast in the mornings. Each room will have a microwave & mini-fridge. The hotel is located about 5 miles from any of the possible gyms.

If you run into any problems making the reservation, just contact Chin at 319-621-9452 or via email at chinman71@yahoo.com.

PLAYING VENUE:

MidAmerican Energy RecPlex
6500 Grand Avenue
West Des Moines, IA 50266

Ignit Sports & Fitness
200 SE 37th Street
Grimes, IA 50111

Prairie Trail Sports Complex
2250 SW Vintage Parkway
Ankeny, IA 50023