

Dear Team Representative and Coaches,

Welcome to the 2023 January 14/15 Adrenaline tournaments, our playing site is 3055 Robins Road, Hiawatha, IA 52233 or called the Iowa Sports Center.

The format for 5 team pools is round robin with 4 matches guaranteed and the winner will be best overall record, then head to head winner, then point percentage. 4 team pools will be pool play followed by bracket play. All matches will be 2 sets to 25 starting at 4. If your pool has bracket play it is 2 of 3 to 25 starting at 0, if a 3rd set is needed it will be to 15 with no switching at 8. Everything I have just described is in the USAV Tie Breakers and procedures which will also be used if necessary. Please check your schedule for the match start time of your pool. You will have 10 minutes to warm up before your 1st match of the day (2 minutes shared ball handling, 4 minutes for serving team, 4 minutes for receiving team). After that, there will be 6 minutes between matches (3 minutes for serving team, 3 minutes for receiving team). The serving team always has the net first, and we will play ahead as much as possible, please get warmups going then talk to your team, 6 minutes is plenty of time to address anything that just happened or is going to happen. We have a long history of being done and cleaned up by 4 and this has a lot to do with it, we need your help to get done and get you on the road after play is completed.

There will be a \$8 admission charge for spectators. Please help us keep our tourney costs at once of the cheapest in the state and keep outside food outside and support the concession stand, you are allowed to bring things in but please keep it to a minimum and pick up after yourselves.

Doors open at 7 AM, there will be a coaches meeting at 7:30 on court 1 led by me, please bring all questions to it. Chairs, Line-up sheets and score keeping materials will be provided.

If you have any questions, or would like to discuss this further, please feel free to contact me.

Thanks for supporting Adrenaline Volleyball and Good Luck!!

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